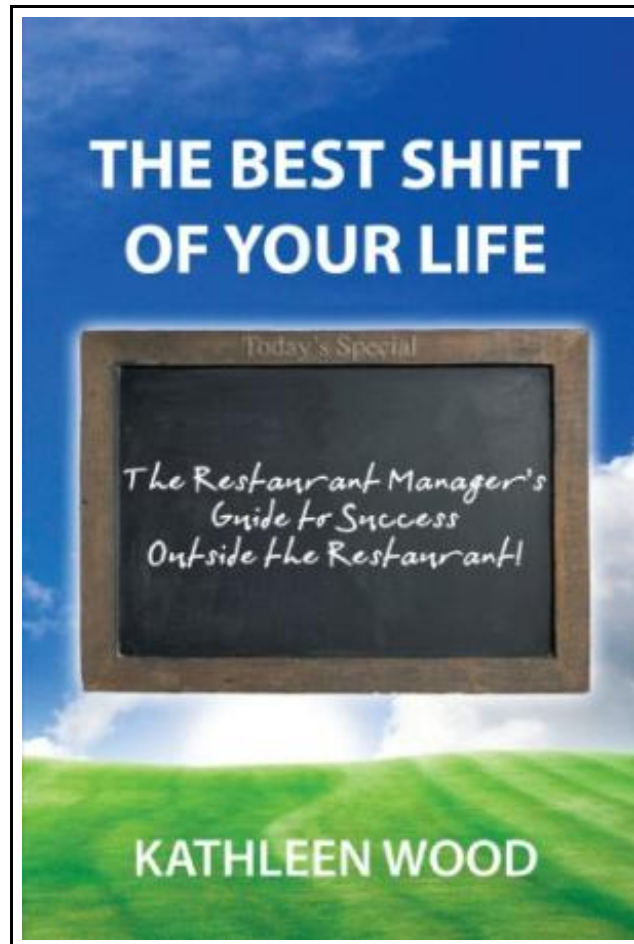


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iUniverse, United States, 2010. Paperback. Book Condition: New. 226 x 150 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. The Best Shifts of Your Life: The Restaurant Manager s Guide for Success Outside the Restaurant! is a practical personal development book specifically designed to provide managers with a blueprint to advance their career and personal success. Managers will find this fast-paced and engaging book easy to relate to as it is based upon many of the practices and principles of successful restaurant operations. Do you want more from your life and don t know where to start? Are you in the midst of career transition? Are you searching for your next step? Are you looking for clarity about your life s direction? If you answered yes to any of these questions, The BEST Shift of Your Life is your book! Combining real-life experiences and practical steps, anyone at any stage of their life or career can make the shift to live a rich and rewarding life. The Opening Shift Understanding Your Shifts Today - The Golden Hour - Love, Like and Dislike Checklist - Timeframe Inventory The Mid-Shift Developing the Best Shift of Your Life - The Menu of Your Life - Clarifying Your Life s Purpose - Creating a Life-Shift Plan The Closing Shift Delivering Your Best Shifts - Growing ROOTines for Success - Giving Back Action Plan Kathleen Wood, an expert growth strategist for leaders and businesses, shares her proven systems for creating the BEST Shifts of Your Life!.



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