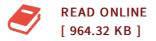




Developing Your Counselling and Psychotherapy Skills and Practice

By Laco Timulak

SAGE Publications Ltd. Paperback. Book Condition: new. BRAND NEW, Developing Your Counselling and Psychotherapy Skills and Practice, Laco Timulak, This book offers a helping hand to trainees wishing to make the transition to the next level in their counselling and psychotherapy training. With wide-ranging content closely aligned to actual practice, this intermediate level text covers the research-informed skills, interventions, processes and issues that students need to know once they've covered the basics. It includes: - Specific techniques from different therapeutic orientations - How to tailor the skills or approach used to the specific client problem - Case conceptualisation and management - Therapeutic alliance; establishing and exploring the relationship - Ethics -Multidisciplinary working - How to deal with situations such as silence, crying, and aggression. Integrating cognitive, behavioural, person-centred/experiential and psychodynamic approaches, the author provides research-informed practical instructions on how to deliver therapy and includes extracts from counselling sessions to demonstrate the skills in action. This is essential reading for postgraduates on Counselling and Psychotherapy Diplomas and Masters courses, and will also be of benefit to Clinical and Counselling Psychology students.



Reviews

The very best book i at any time read. It generally does not price an excessive amount of. I discovered this publication from my dad and i recommended this book to understand.

-- Joesph Hettinger

This ebook is really gripping and interesting. It is among the most remarkable pdf we have study. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- Cleve Bogan

Other Books



Depression: Cognitive Behaviour Therapy with Children and Young People (Paperback)

Taylor Francis Ltd, United Kingdom, 2009. Paperback. Book Condition: New. 242 x 174 mm. Language: English . Brand New Book. In recent years there has been an increase in research into childhood depression, and it is now recognised that depression can severely...



Mom Has Cancer!

Barron's Educational Series. Paperback / softback. Book Condition: new. BRAND NEW, Mom Has Cancer!, Jennifer Moore-Mallinos, Marta Fabrega, The sensitively written "Letas Talk About It Books" encourage preschool-age and early-grades children to explore their feelings, deal with problems that trouble...



Unbored Adventure: 70 Seriously Fun Activities for Kids and Their Families

Bloomsbury Publishing Plc. Paperback. Book Condition: new. BRAND NEW, Unbored Adventure: 70 Seriously Fun Activities for Kids and Their Families, Joshua Glenn, Elizabeth Foy Larsen, Tony Leone, Mister Reusch, Heather Kasunick, UNBORED Adventure has all the smarts, innovation, and free-wheeling spirit of...



My Friend Has Down's Syndrome

Barron's Educational Series Inc., U.S. Paperback. Book Condition: new. BRAND NEW, My Friend Has Down's Syndrome, Jennifer Moore-Mallinos, Younger children are normally puzzled when they encounter other kids who suffer from Down's Syndrome. Here is a heartwarming and reassuring story of how an...



My Brother is Autistic

Barron's Educational Series Inc.,U.S. Paperback. Book Condition: new. BRAND NEW, My Brother is Autistic, Jennifer Moore-Mallinos, Medical experts are just beginning to understand varying degrees of autism and its impact on both the autistic child and his family. This book describes an...



Iceland

Children's Press(CT). Paperback / softback. Book Condition: new. BRAND NEW, Iceland, Kathleen W Deady, - Perfect for school reports on Iceland.- Includes large, beautiful color photos.- An original country map with labels that match the text is included.- Includes an index, a...