



## Scripts and Strategies in Hypnotherapy with Children (Hardback)

By Lynda Hudson

Crown House Publishing, United Kingdom, 2009. Hardback. Book Condition: New. 234 x 154 mm. Language: English . Brand New Book. This is a handbook for therapists using hypnotherapy with children and young people. In addition to providing a collection of hypnotic scripts for children from six to sixteen, it offers an easy to follow, solution - focused ways to structure treatment sessions. In addition, background information, advice, contra-indications and possible pitfalls are provided on common and not so common problems that children may present. Clear and easy to use, it will appeal to all levels of experience. It has a variety of tried and tested inductions and scripts for different ages and thinking styles using up-to-date metaphors such as computer programs and play stations as well as the more traditional balloons, gardens and magic hammocks. Issues discussed include self esteem, confidence, bedwetting, soiling, the effects of bullying, behaviour problems, school issues such as lack of organisational skills, study skills, exam strategies using accelerated learning skills, overcoming general anxiety and anxiety in relation to exams and school phobia.



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HarperCollins Publishers Inc, United States, 2016. Paperback. Book Condition: New. Reprint. 203 x 135 mm. Language: English . Brand New Book. An international bestseller, Barbara Coloroso's groundbreaking and trusted guide on bullying-including cyberbullying-arms parents and teachers with real solutions for a...



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Heinemann Educational Books, United States, 2015. Paperback. Book Condition: New. 234 x 185 mm. Language: English . Brand New Book. It's vital that we support young children's reading in ways that nurture healthy reading identities, that foster an attraction to...



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Taylor Francis Ltd, United Kingdom, 2009. Paperback. Book Condition: New. 242 x 174 mm. Language: English . Brand New Book. In recent years there has been an increase in research into childhood depression, and it is now recognised that depression can severely...



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