



## Born to Win: Transactional Analysis with Gestalt Experiments

By Muriel James, Dorothy Jongeward

The Perseus Books Group. Paperback. Book Condition: new. BRAND NEW, Born to Win: Transactional Analysis with Gestalt Experiments, Muriel James, Dorothy Jongeward, Twenty-five years and four million readers show that Born to Win can change lives for the better. This bestselling classic uses the well-known psychological method called transactional analysis (TA) to uncover the roles we unconsciously act out day after day. Its fifty gestalt exercises have helped a generation realize how they communicate with others and think about themselves. If you want to have more control over your life, work more efficiently, and love others happily, Born to Win will help bring out the insight and confidence of a born winner.



## Reviews

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-- Lilla Stehr

Totally one of the best publication I have got ever go through. It really is packed with knowledge and wisdom I discovered this pdf from my dad and i recommended this book to discover.

-- Madisyn Kuhlman

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